

If the dog has failed to sit then do not say it again and wait until he sits on his own, then reward with the food or toy. Ask again and wait 10 seconds, repeating the steps until the dog can sit on command.

This will teach him a command and this will make your life easier especially when playing with him as he will sit without jumping up all over you.



# YOU & your new DOG



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# MAKING A DOG SIT

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It is always helpful to train your dog to sit as this teaches control and allows you to do a variety of household deeds without him trailing at your feet.

One of the tried and tested ways of doing this is to follow the instructions below.

- 🐾 Split a feed into 5-6 small bowls
- 🐾 Stand but ignore the dog if it is jumping up. Wait until the dog either sits or stands still.
- 🐾 As soon as the dog does this put one of the small bowls of food on the floor
- 🐾 Once he has eaten wait to see what he does. If he stands there or sits then reward with another food bowl (you do not have to say anything)
- 🐾 If the dog jumps up at you then ignore and wait until standing still or sitting, then reward with food bowl



Continue this until all bowls have been used and do this at every meal time.

You can expand on this and do it for toys, ignoring when the dog jumps up and rewarding by throwing the toy when the dog stands still or sits down.

Once the dog is doing this automatically without jumping up every single time you can start to use the word 'sit'.

Only say it once and wait 10 seconds. If the dog has done it, reward with food or a toy.

